WHAT IS CLAIMED IS:

1. An optical disk apparatus comprising:

a detection unit which detects one information unit in one of a plurality of areas from an optical disk which stores said plurality of information units including management information and contents information corresponding to the management information in said plurality of areas;

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a reading unit which stores the information unit including the management information and the contents information in a buffer and performs control in order to read the information unit from the buffer at predetermined timing; and

a reproducing unit which decodes and reproduces the contents information read out from the buffer by control of the reading unit.

2. An optical disk apparatus according to claim 1, wherein the reading unit includes:

a first control unit which stores the information unit in the buffer according to an address according to a current reproducing magnification in the management information, the first control unit writing absence of the address in a predetermined area of the management information to store the management information and the contents information in the buffer and standing by without obtaining the information unit until a start direction is given when the address of the next

information unit to be obtained is absent; and

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a second control unit which reads out the management information and the contents information stored in the buffer, and gives the start direction to the first control unit in order to start to obtain information of the next area in the optical disk when the address is absent in the predetermined area of the management information.

- 3. An optical disk apparatus according to claim 2, wherein the area is a chapter, the information unit is VOBU, and the management information is NV_PCK.
- 4. An optical disk apparatus according to claim 2, wherein the predetermined area of the management information is a reserve area.
- 5. An optical disk apparatus according to claim 1, wherein the reading unit includes:

a first control unit which writes a reproducing magnification during detection in a predetermined area of the management information included in the information unit, stores the management information and the contents information in the buffer, and stands by without obtaining the information unit until a start direction is given when the address of the next information unit to be obtained is absent; and

a second control unit which reads out the management information and the contents information stored in the buffer, reads out the reproducing

magnification during detection from the predetermined area of the management information, and gives the start direction to the first control unit in order to start to obtain information of the next area in the optical disk when the address is absent in the predetermined area of the management information.

- 6. An optical disk apparatus according to claim 5, wherein the area is a chapter, the information unit is VOBU, and the management information is NV PCK.
- 7. An optical disk apparatus according to claim 5, wherein the predetermined area of the management information is a reserve area.

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- 8. An optical disk apparatus according to claim 1, wherein the reading unit includes:
- a first control unit which stores the management information and the contents information included in the information unit in the buffer, the first control unit obtaining the final information unit of the area by using the detection unit, and storing the final information unit of the area in the buffer to stand by without obtaining the information unit until a start direction is given when the address of the next information unit to be obtained is absent; and

a second control unit which reads out the management information and the contents information stored in the buffer, and gives the start direction to the first control unit in order to start to obtain

information of the next area in the optical disk when the address according to one double speed in the management information is absent in the management information.

9. An optical disk apparatus according to claim 8, wherein the area is a chapter, the information unit is VOBU, and the management information is NV PCK.

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- 10. An optical disk apparatus according to claim 8, wherein the first control unit obtains the address of the final information unit of the area by area management information about said plurality of areas obtained from the optical disk with the detection unit, and the final information unit of the area is obtained according to the address of the final information unit of the area by using the detection unit.
- obtaining one information unit in one of a plurality of areas according to a reproducing direction from an optical disk which stores said plurality of information units including management information and contents information corresponding to the management information in said plurality of areas;

storing the information unit including the management information and the contents information in a buffer and reading the information unit from the buffer at predetermined timing; and

decoding and reproducing the contents information read out from the buffer.

12. An optical disk processing method according to claim 11, wherein the reading includes:

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storing the information unit in a buffer according to an address according to a current reproducing magnification in the management information, writing absence of the address in a predetermined area of the management information to store the management information and the contents information in the buffer, and standing by without obtaining the information unit until a start direction is given when the address of the next information unit to be obtained is absent; and

reading out the management information and the contents information stored in the buffer, and giving the start direction in order to start to obtain information of the next area in the optical disk when the address is absent in the predetermined area of the management information

- 13. An optical disk processing method according to claim 11, wherein the area is a chapter, the information unit is VOBU, and the management information is NV_PCK.
- 14. An optical disk processing method according to claim 11, wherein the predetermined area of the management information is a reserve area.
 - 15. An optical disk processing method according to

claim 11, wherein the reading includes:

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writing a reproducing magnification during detection in a predetermined area of the management information included in the information unit, storing the management information and the contents information in a buffer, and standing by without obtaining the information unit until a start direction is given when the address of the next information unit to be obtained is absent; and

- reading out the management information and the contents information stored in the buffer, reading out the reproducing magnification during detection from the predetermined area of the management information, and giving the start direction in order to start to obtain information of the next area in the optical disk when the address is absent in the predetermined area of the management information.
 - 16. An optical disk processing method according to claim 15, wherein the area is a chapter, the information unit is VOBU, and the management information is NV_PCK.
 - 17. An optical disk processing method according to claim 15, wherein the predetermined area of the management information is a reserve area.
- 25 18. An optical disk processing method according to claim 11, wherein the reading includes:

storing the management information and the

contents information included in the information unit in a buffer, obtaining the final information unit of the area by using the detection unit, and storing the final information unit of the area in the buffer to stand by without obtaining the information unit until a start direction is given when the address of the next information unit to be obtained is absent; and

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reading out the management information and the contents information stored in the buffer, and giving the start direction in order to start to obtain information of the next area in the optical disk when the address according to one double speed in the management information is absent in the management information.

- 19. An optical disk processing method according to claim 18, wherein the area is a chapter, the information unit is VOBU, and the management information is NV_PCK.
- 20. An optical disk processing method according to claim 18, wherein the address of the final information unit of the area is obtained by area management information about said plurality of areas obtained from the optical disk with the detection unit, and the final information unit of the area is obtained according to the address of the final information unit of the area.